



### **Your Recipe Log**



Blueberry Oat & Author: Donna Baker Posted: 04/02/2025

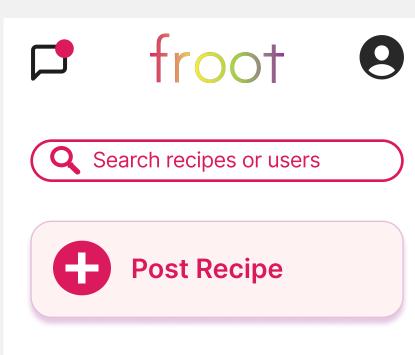
Strawberry Banana Blast Author: Donna Baker Posted: 04/22/2025 Cal/serving: 280 cals Cal/serving: 175 cals



Author: Donna Baker

Posted: 02/01/2025

Cal/serving: 140 cals



# **Trending**



Triple Berry Power Up Author: Erin Hunter Posted: 01/23/2025 Cal/serving: 123 cals

Blueberry Oat & Author: Donna Baker Posted: 04/02/2025 Cal/serving: 280 cals

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## Recent



Madness Author: Jenna Powell Posted: 05/12/2025 Cal/serving: 250 cals

Cal/serving: 140 cals 

The Green

Author: Sam Gray

Berries and

Author: Gina Cline

Posted: 04/28/2025

Cream

Posted: 05/02/2025

Machine

#### **Our Favorites**



Cinnamon Apple Pie Author: Anna Hunter Posted: 03/17/2025 Cal/serving: 300 cals Cal/serving: 265 cals

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**Step One: Name your creation** 

enter your title...

#### **Step Two: List your ingredients**

list your ingredients...

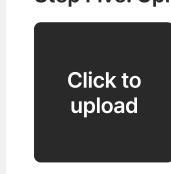
#### Step Three: Well... your steps!

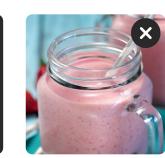
list your steps..

**Step Four: Enter calories** 

# **Step Five: Upload image**

Cals/serving





**Post Your Recipe!** 

## X troot

#### **Step One: Name your creation**

Blueberry Oat and Honey

#### **Step Two: List your ingredients**

- 1 cup fresh blueberries
- 1 banana 1 tablespoon honey
- 1 cup oats
- 1 cup greek yogurt

#### Step Three: Well... your steps!

Step One: Wash all berries thoroughly under cold water. Place blueberries, oats, honey and crushed ice in blender along with the sliced banana and

#### **Step Four: Enter calories**

Cals/serving

#### Step Five: Upload image

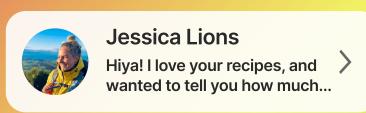




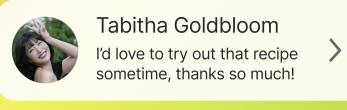
Post Your Recipe!

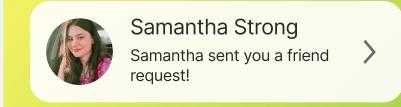
Q Search users





**Kristin Shwartz** Hey, I was just wondering if you ever tried using kiwi in y...





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Q Search users

Dana Cook

Jessica Lions
@fruit\_hunter665

Kristin Shwartz

@smooth\_mover222

Tabitha Goldbloom @honeydew\_darling8

Veronica Miller

@strawberry\_hun23

@fruit\_demolisher555

Samantha Strong

Ashley Johnson
@spiked\_papaya444

Brianna Storm
@smoothie\_stormbringer

@dana\_loves\_dates5

Gina Hopkins
@watermelon\_fanatic80

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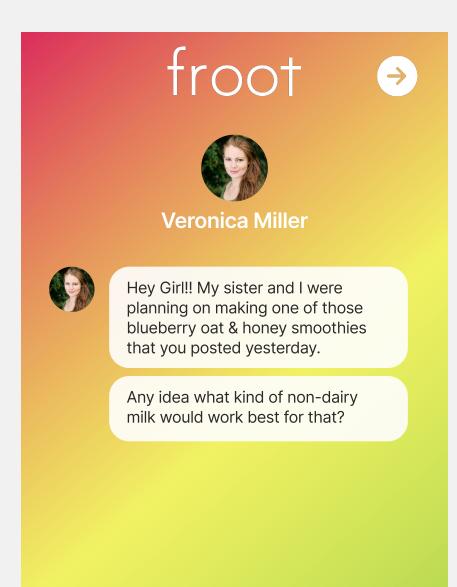
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**Donna Baker** 

@fruit\_fan380

Hey! I'm Donna, and I'm obsessed

with creating delicious, nutrient-

packed drinks that fuel your body

and taste amazing! I spend my

days testing recipes in my tiny

kitchen and hiking with my

golden retriever, Max. My passion

for berries started after growing

up on my grandparents' farm, and

now I'm here to share that joy

with you one sip at a time!:)

**Friends List** 

Share Profile

Write a message...

<del>(</del>

# froot **Veronica Miller** @strawberry\_hun23 Hey! I'm Veronica, and I love creating simple, vibrant drinks that energize your day! When I'm not blending berries in my kitchen, you'll find me hiking trails or teaching yoga. My recipes are all about nourishing your body while making your taste buds happy! Feel free to snd me a friend request if you like the recipes you see, or just want to chat! <3 Remove Friend

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**Donna Baker** 

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**Confirm Changes** 

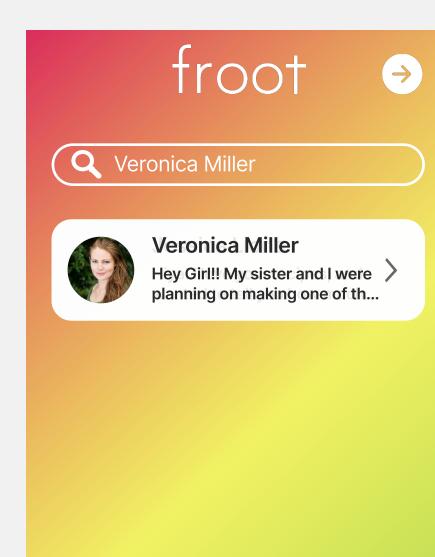
Cancel

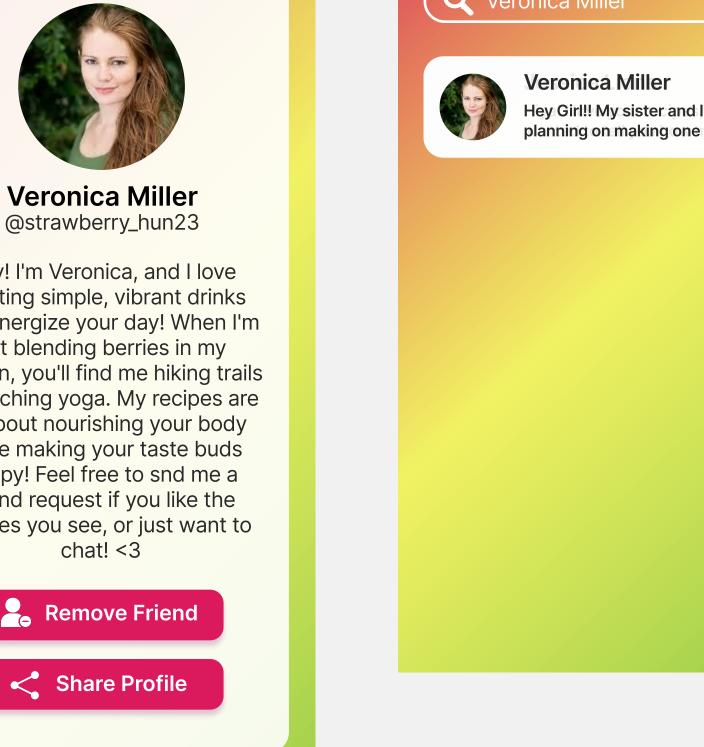
349/350

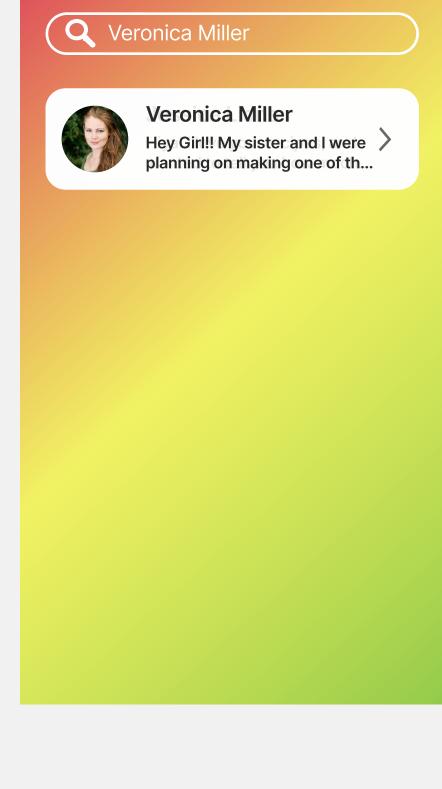
for berries started after growing

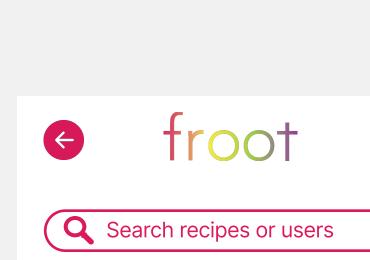
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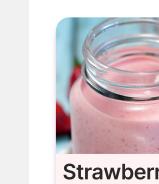




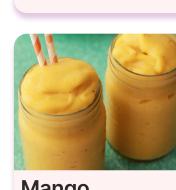




## **Favorites**



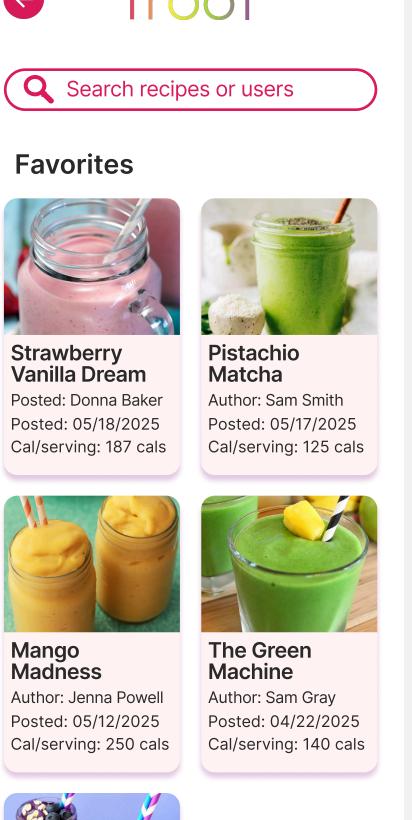
Strawberry Vanilla Dream Posted: Donna Baker Posted: 05/18/2025 Cal/serving: 187 cals



Mango Madness Author: Jenna Powell Posted: 05/12/2025



Author: Donna Baker Posted: 04/02/2025 Cal/serving: 280 cals





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under cold water. Place strawberries, blueberries, and raspberries in blender along with the sliced banana and honey. Step Two: Add almond milk and Greek

yogurt to the fruit mixture. Add a handful of ice cubes for a frosty texture. Secure blender lid tightly before proceeding.

Step Three: Blend on high speed until smooth and creamy, about 60 seconds. Pour into a tall glass, garnish with a few whole berries, and serve immediately for maximum refreshment.

Calories per serving: 123 calories

